



intensive

enrichment

ballet esprit

2018 - 2019 CLASSES

AUGUST 20 - MAY 12, 2018

mindful

elemental

Ballet Esprit
2018–19 Classes
August 20, 2018 – May 12, 2019

Ballet Esprit • 2018–19 Ballet Esprit is committed to serving its community by offering quality instruction in classical ballet and dance education within a holistic environment. Our school serves students of all ages with varying goals and aspirations who desire to study dance. Our faculty supports the love of dance and encourages each individual to reach his or her maximum potential; body, mind and soul. Our comprehensive training teaches discipline and appreciation for the beauty of art as well as the sheer joy of dancing. Performing experiences provide a creative outlet, produce a sense of confidence and responsibility, and allow students to use their gifts with a sense of purpose within a supportive community. May the growth developed at Ballet Esprit be rooted and grounded in love.

REGISTRATION & PROCEDURES

CURRENT STUDENTS

3 years of age through 12th grade

Students must have previously enrolled in Summer Session 2018 classes to be considered “current.”

Siblings of current students may register at this time as well.

This year we are trying an early bird online registration for all Current Students and their siblings. This includes students placed in all Divisions. The only time to register online at no cost through our website, <https://spotvenue.co/ballet-esprit-registration/>, will be Monday July 9 through Friday, July 27. After this time, students can register online with a \$35 registration fee included with tuition.

OPEN REGISTRATION

3 years of age through 12th grade

For all students new to Ballet Esprit for the Fall 2018 semester.

August 19 at SPOT Venue from 2-4pm at 3214 Brainerd Rd.

Online option not available.

Students 5th grade and up are placed by faculty and should contact the Ballet Office to set up a placement class. sarah@spotvenue.co

HANDBOOK & CONFIRMATION LETTER

Our Student Handbook can be found online, or you may pick one up from the Ballet Office. In a few weeks, after all registrations are processed, notification will be sent to confirm class placement. These materials contain important information about the dress code, school policies, productions, and other notes. Please read over them carefully.

BALLET CLASSES

Classes begin August 20, 2018

****Please note weekly class attendance requirements for each level. Some levels are required to meet at least twice per week.****

A minimum of 5 students is required for a class to convene. A minimum of 3 students is required for a class to be retained for the entire year. Class levels and times are subject to change with notification. Check website for updates about closed or changed classes:

<https://spotvenue.co/ballet-esprit/>

Ballet classes are offered at SPOT Venue 3214 Brainerd Rd. Chattanooga, TN. 37411. All classes are taught by Sarah Yvonne Chappell unless notified otherwise.

Ballet Divisions & Class Descriptions

(must be given age by August 1, 2018)

Joy of Movement

Exploring! Discovering! Achieving! Specifically designed for 3 & 4-year-olds, this class introduces the child to movement that is creative, educational, and musical.

- Friday: 10-10:45am

Pre-Ballet

The dance adventure continues adding memory games, movement skills, and introductory dance steps and combinations.

- Saturday: 10-10:45am

Elementary Division

This division introduces students to classical ballet—grace, poise, musicality, technique, strength, and flexibility taught in age-appropriate classes.

- Intro to Ballet
 - Tuesday: 4:30-5:45pm
- Beginning Ballet
 - Tuesday and Thursday: 4:30-5:45pm

Enrichment Division

The Enrichment Division is designed for students who want to expand and enhance their knowledge of ballet. Students discover that striving for excellence is joyful work. The faculty will focus on technique and nurture the artistic development of each individual.

- Ballet I
 - Monday and Thursday: 4:30-5:45pm
- Adult Ballet
 - Monday/Tuesday: 6-7:30pm
 - Friday: 2-3:30pm

Intensive Division

The Intensive Division training can be intense and is geared towards those who exhibit the physical attributes and serious work ethic that would allow them to excel in both classical ballet technique and pointe work. Students are placed in these classes by faculty recommendation.

- Ballet II
 - Class Times TBD

Mindful Ballet Project

(Open Community Class: drop-in or enrollment)

A classical ballet technique teaching style inspired by Ashtanga Yoga in Mysore, India. The Mindful Ballet Project Method is open to all levels. Experienced dancers are able to grow and train through the guidance and individualized input of knowledgeable instructors while new students are given the individualized instruction, guidance and input. Students learn a set series of barre and centre combinations designed to increase strength, flexibility, and quality of one's dance. Best of all, students may attend anytime during the allocated time listed on the schedule. Most students practice ranges between 1 and 2 hours. Each practice is personalized in a relaxed, quiet and peaceful environment; over time, becoming much like a personal moving meditation.

- Friday: 4-7pm
- Saturday: 11am-1pm

Class Schedule

Monday:

- Ballet I: Pre-Pointe, Ages 8-12 (4:30-5:45 pm)
- Adult Ballet: Classical, Ages 13+ (6:00-7:30 pm)

Tuesday:

- Intro to Ballet/Beginning Ballet, Ages 5-7/6+ (4:30-5:45 pm)
- Adult Ballet: Classical, Ages 13+ (6:00-7:30 pm)

Thursday:

- Beginning Ballet/Ballet I, Ages 6+/8-12 (4:30-5:45 pm)

Friday:

- Joy of Movement, Ages 3-4 (10:00-10:45 am)

- Adult Contemporary, Ages 18+ (2:00-3:30 pm)
- Mindful Ballet, Adults & age 8+ (4:00-7:00 pm)

Saturday:

- Pre-Ballet, Ages 5-6 (10:00-10:45 am)
- Mindful Ballet, Adults & age 8+ (11:00-1:00 pm)

2018–19 CALENDAR

(These dates are set by Ballet Esprit and are not based on any specific school's calendar).

May 14- July 29 - Summer Session
 July 4 - Independence Day - no classes
 July 28 - 10:30-12 noon - Dress Rehearsal for Preliminary and Enrichment Division
 July 29 - 1:30p Summer Concert
 July 30 - August 18 - Summer Break - no classes
 August 19 Registration/Open House 2-4p
 August 20 First Day of Classes
 September 3 Labor Day—no classes
 October 8-12 - Fall Break - no classes (Arts Camp)
 November 19 & 20 Classes meet regular schedule
 November 21–24 Thanksgiving Holidays—no classes
 Week of December 10-14 Observation Week and Holiday Parties
 December 17 –January 5 Christmas Break
 December 20-22 Nutcracker and Outreach Workshops
 January 7 Classes resume
 January 21 Martin Luther King Day—no classes
 February 18 Presidents' Day—no classes
 March 18–22 Spring Break - no classes (Arts Camp)
 Week of May 6 - Production Week
 May 12 - Spring Performance 1:30p

FEE SCHEDULE

*It has always been a core value of Ballet Esprit to offer excellent training at an affordable price. **We do not send statements prior to due dates.** A two-week grace period is given, after which, a \$10 late fee is assessed. Please refer to the Student Handbook for details on costumes, performances, and financial policies.*

Registration

- \$35 per student (non-refundable). Due upon Registration (August 19th).

Rehearsal Skirt Rental, Costume & Performance Fee

- Due on or before October 1, 2018.
 - Pre School Division - \$70
 - Beginning Ballet Division - \$90
 - Enrichment Division - \$110
 - Intensive Division - \$130

Yearly Tuition Fees - August 13 - April 28, 2019

	Annual* Payment	Split** Payment
Pre School Division		
1 Class Weekly	\$350	\$175
2 Classes Weekly	\$550	\$275
Beginning Ballet Division		
1 Class Weekly	\$380	\$190
2 Classes Weekly	\$580	\$290
Enrichment Division and Mindful Project		
1 Class Weekly	\$400	\$200
2 Classes Weekly	\$580	\$290
Intensive Division and Mindful Project		
3 Classes Weekly	\$780	\$390
4 Classes Weekly	\$1040	\$520

*Due on or before August 23, 2018

**Split Payment Due Dates - due on or before:

Payment #1—August 23, 2018

Payment #2—January 23, 2019

***Adult students are offered the option of purchasing a 10-class card for \$100 or buying individual drop-in classes for \$15 per class.

Founding, Artistic and Executive Director,
Sarah Yvonne Chappell

Ballet Office Manager,
Sarah Yvonne Chappell

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